

# SOCIAL SERVICES

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Bethel's Addiction Studies Certificate will help students get started in a social services career. Students will learn how to apply research and evidence-based practices to their counseling practice as they assist individuals dealing with addiction.

Bethel's Alcohol and Drug Counseling Certificate program will help students strengthen their counseling skills and prepare them for licensure in Minnesota as an alcohol and drug counselor.

- Certificate in Addiction Studies (<https://catalog.bethel.edu/adult-professional-studies/academic-programs-disciplines/human-services/addiction-studies-certificate-alcohol-drug-counselor-license/>)
- Certificate in Alcohol and Drug Counseling (<https://catalog.bethel.edu/adult-professional-studies/academic-programs-disciplines/human-services/certificate-alcohol-drug-counseling/>)

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## **ADST 445 • Counseling Microskills 4 Credits**

Examination of effective counseling skills that combines theoretical understanding and hands-on practice of essential microskills. Engagement in development of "self of the therapist" through reflective practice and observation of self and others.

*Fulfills: CAPS Goal Area 5.*

## **ADST 450 • Introduction to Addictions Counseling 4 Credits**

Examination of addiction from a variety of perspectives and evaluation of the twelve core functions of an addictions counselor. Description of the process of change in the context of the continuum of care. Cultivation of a personal philosophy around spirituality and addiction.

*Fulfills: CAPS Goal Area 5.*

## **ADST 455 • Pharmacology of Addictions 4 Credits**

Examination of the biopsychosocial and the neuro-physical effects of addictive substances. Evaluation of evidence-based medical treatment options for both addictions and co-occurring disorders. Integration of spirituality with medical approaches to treating addiction in an intercultural sensitive manner.

## **ADST 460 • Assessment and Treatment of Co-Occurring Disorders 4 Credits**

Examination of the assessment and treatment, including identification of the appropriate level of care, for co-occurring disorders of substance use and various psychological disorders. Attention is given to evidence-based practices in treatment planning and intervention.

## **ADST 481 • Internship in Addictions Counseling I 4 Credits**

Application of theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstration of the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluation of progress toward appropriate development goals. Integration of knowledge, experience, ethics, and faith into a worldview relevant in the addiction counseling setting. 400-hour experience.

*Prerequisites: ADST 445, ADST 450, ADST 455, ADST 460, ADST 485H. All can be taken concurrently. Grade exceptions: Graded on an S/U basis. Special Notes: Program Director permission required for enrollment.*

## **ADST 482 • Internship in Addictions Counseling III 1-4 Credits**

Direct practice experience in which the student applies previously acquired knowledge and skills in a structured professional setting focused on the 12 core functions of a licensed alcohol and drug counselor as defined in Minnesota Statute section 148F.01, subdivision 10. Students will accrue remaining hours of the Minnesota state Board of Behavioral Health and Therapy requirement of 880 clock hours of practical experience that were not completed in ADST 491.

*Grade exceptions: Graded on an S/U basis.*

**ADST 485H • Professional Issues and Ethics 2 Credits**

An examination of legal and ethical situations arising in the practice of helping professions, including alignment with the core functions for addictions counseling. Evaluation of legal and ethical issues in professional practice and decision making. Development of goals and strategies for continuing professional, personal, and spiritual growth.

*Fulfills: CAPS General Education Category H.*

**ADST 491 • Internship in Addictions Counseling II 4 Credits**

Application of theory and professional development skills in a supervised professional addiction counseling setting. Demonstration of the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluation of progress toward appropriate development goals. Integration of knowledge, experience, ethics, and faith into a worldview relevant in the addiction counseling setting. 480-hour experience.

*Prerequisites: ADST 445, ADST 450, ADST 455, ADST 460, ADST 485H. Grade exceptions: Graded on an S/U basis*