

# SPIRITUAL AND PERSONAL FORMATION

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A significant part of a student's experience with Spiritual and Personal Formation is the opportunity to join others in the journey toward wholeness and holiness. The group reflection process transforms the theological doctrines learned in class into character-shaping wisdom that can result in personal godliness.

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**SP 001 • Formation Assessments: Masters Level 0 Credit**

This course is a program requirement for all students in a masters degree program (except MFT). Formation Assessments provides students with an opportunity to reflect more deeply on who they are, how they are wired and why that might matter for self and service to others. This reflection is done through the completion of three personal assessment inventories and an individual conversation with a professional counselor to interpret and discuss the results of the inventories.

**SP 004 • Formation Assessments: MFT Degree 0 Credit**

This course is a program requirement for all students in the Master of Arts in Marriage and Family Therapy program. Formation Assessments - MFT provides students with an opportunity to reflect more deeply on who they are, how they are wired and why that might matter for self and service to others. This reflection is done through the completion of two personal assessment inventories and an individual conversation with a professional counselor to interpret and discuss the results of the inventories.

**SP 540 • Spiritual and Personal Formation 4 Credits**

Demonstration of ability to develop and monitor both individual and communal formation strategies using various biblical, theological, and theoretical perspectives. Consideration of the implications of one's own personal formation journey in contrast with those on differing formation trajectories, while expressing a non-anxious, reflective, and dialogue-centered approach. Exploration and facilitation of individual, relational and corporate health and spiritual well-being within one's own community setting.  
*Prerequisites: SP 001 or SP 004; can be taken concurrently.*

**SP 670 • Directed Study in Spiritual Formation 1.5,3 Credits**

Research and study by arrangement with the professor.  
*Special Notes: Permission is required.*

**SP 699PT • Portfolio in Spiritual and Personal Formation 0.5-6 Credits**

Portfolio course of preselected topics within an existing course in the field of Spiritual and Personal Formation.

*Special Notes: Portfolio courses are created upon request with permission by an overseeing Program Director.*

**SP 772 • Seminar in Spiritual and Personal Formation 2 Credits**

A Master of Divinity or Doctor of Ministry concentration course; an in-depth study of a particular Spiritual and Personal Formation theme.

*Special Notes: Fulfills DMin elective requirements. Prior completion of SP 540 recommended.*

**SP 774 • Seminar in Spiritual and Personal Formation 4 Credits**

A Master of Divinity or Doctor of Ministry concentration course; an in-depth study of a particular Spiritual and Personal Formation theme.

*Special Notes: Fulfills DMin elective requirements. Prior completion of SP 540 recommended.*

**SP 795A • Thesis Proposal 2 Credits**

Development of a thesis proposal and prospectus. Survey of existing research and delineation of tentative argument and preliminary bibliography. To be developed in consultation and under supervision of a faculty member as thesis advisor.

*Grade exceptions: This course is graded Pass/Fail. Special Notes: Approval of faculty member in relevant discipline is required.*

## *Spiritual and Personal Formation 2*

### **SP 795B • Thesis Writing** 4 Credits

Implementation of research plan, under the supervision of thesis advisor and with input from a second reader. To include survey of existing research and thesis that is well argued and supported by the literature.

*Prerequisites: SP 795A.*

### **SP 870 • Directed Study in Spiritual Formation** 1-9 Credits

Research and study by arrangement with the professor. Permission is required.

### **SP 899PT • Portfolio in Spiritual and Personal Formation** 0.5-6 Credits

Portfolio course of preselected topics within an existing course in the field of Spiritual and Personal Formation.

*Special Notes: Portfolio courses are created upon request with permission by an overseeing Program Director.*