

# PSYCHOLOGY

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The BA psychology program college offers a comprehensive education in the field of psychology, integrating scientific study with a Christian worldview. Designed to prepare students for both professional careers and graduate studies, the program emphasizes the development of psychological knowledge and skills while fostering spiritual growth and ethical decision-making.

The curriculum covers core areas of psychology such as human development, social behavior, psychopathology, research methods and counseling, as well as providing a three-course emphasis in psychological trauma. Students are encouraged to explore how faith intersects with psychological principles, examining the moral and ethical implications of psychological practice from a Christian perspective.

B.A. in Psychology (<https://catalog.bethel.edu/adult-professional-studies/academic-programs-disciplines/psychology/psychology-ba/>)

Minor in Psychology (<https://catalog.bethel.edu/adult-professional-studies/academic-programs-disciplines/psychology/psychology-minor/>)

Minor in Psychological Trauma (<https://catalog.bethel.edu/adult-professional-studies/academic-programs-disciplines/psychology/minor-trauma/>)

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## **PSYC 100 • Introduction to Psychology 1 2 Credits**

Description of key concepts, principles and overarching themes in psychology. Application of psychological principles to personal, social, and communal issues. Evaluation of methods used in the science of psychology. Application of an understanding of the scientific process and experimental design to a critique of scientific journal articles. Identification of ways that psychology and personal faith can be integrated.

*Fulfills: CAPS Goal Area 5.*

## **PSYC 102 • Introduction to Psychology 2 2 Credits**

Continuation of PSYC 100. Description of key concepts, principles and overarching themes in psychology. Application of psychological principles to personal, social, and communal issues. Critique of methods used in the science of psychology. Application of an understanding of the scientific process and experimental design to a critique of scientific journal articles. Identification of ways that psychology and personal faith can be integrated.

## **PSYC 205 • Lifespan Development 4 Credits**

Identification of the various stages of life from conception to death. Examination of the perspectives of various developmental theorists and their roles in historical, contemporary, and controversial issues. Analysis of the biosocial, cognitive, and psychosocial domains and their contribution to human development while maintaining a focus on individual differences.

*Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5.*

## **PSYC 220 • Social Psychology 4 Credits**

Exploration of key concepts, principles, and overarching themes in social psychology (including conformity, persuasion, social cognition, attraction, altruism, aggression, prejudice, and group behavior). Applications of social psychological principles to everyday life. Interpret and critique phenomena and controversial topics in social psychology.

*Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5.*

## **PSYC 294 • Topics in Psychology 1-4 Credits**

An in-depth study of a particular Psychology theme. Special Notes: Topics courses should serve as elective courses.

## Psychology 2

### **PSYC 330 • Racial Trauma 4 Credits**

Review of the origins and impact of racial trauma on the individual, family, and community. Appraisal of the different, yet related, concepts of historical trauma, racial discrimination, and structural racism. Identification of the signs and symptoms of racial trauma in individuals and systems. Exploration of approaches to healing from racial trauma. Evaluation of services, resources, and advocacy strategies for system change.

### **PSYC 335 • Introduction to Statistics 4 Credits**

Introduction to descriptive, correlational, non-parametric, and inferential statistics. Description of the uses of research and statistical concepts in society today. Perform and interpret statistical analyses from existing data sets. Interpret statistical analyses in published research articles.

*Fulfills: CAPS Goal Area 4.*

### **PSYC 340 • Psychopathology 4 Credits**

Classification, causes, symptoms, treatment, and identification of various forms of psychopathology. Analysis of faith based and secular perspectives of psychopathology. Survey of some major issues in the study of psychopathology. Critique research in the field of psychopathology.

*Prerequisites: PSYC 100 Fulfills: CAPS Goal Area 5.*

### **PSYC 345 • The Body's Response to Trauma 2 Credits**

Articulation of physiological responses to trauma. Explanation of the fundamentals of the memory process as it relates to trauma. Evaluation of treatment options that focus on the body-mind connection. Identification of how the body's response to trauma intersects with a personal faith worldview.

*Fulfills: CAPS Goal Area 5.*

### **PSYC 350 • Trauma Informed Care 4 Credits**

Examination of common symptoms of trauma, exploration of current trends in trauma treatment, and appraisal of evidence-based trauma treatments. Investigation of the current mental health crisis, with special focus on prevalence and treatment of PTSD in the military. Consideration of the role of religion/spirituality in the healing process.

### **PSYC 379PT • Portfolio in Psychology 0.5-6 Credits**

Portfolio course of preselected topics within an existing course in the field of Psychology.

*Special Notes: Portfolio courses are created upon request with permission by an overseeing Program Director.*

### **PSYC 380 • Motivation and Emotion 4 Credits**

Explain how biological, environmental, cognitive, emotional, and personal systems interact to initiate and direct human behavior. Evaluate how experimental psychologists study emotional and motivational systems. Identify connections between personal faith and/or beliefs, motivation, and emotion..

*Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5.*

### **PSYC 400 • Research Methods 4 Credits**

Analysis of standard research methods and designs in empirical social sciences research. Application of empirical research and ethical practices with human subjects from various backgrounds. Critically evaluate published research. Application of research methods to answer a proposed research question.

*Prerequisites: PSYC 100, PSYC 335. Fulfills: CAPS Goal Areas 2, 5.*

### **PSYC 480 • Internship and Seminar 2 Credits**

Application of theoretical knowledge in a field placement through demonstration of psychology-related skills suitable for the agency or setting. A minimum of 60 hours in the field placement is required. Integration of knowledge, practical experience, and personal faith/worldview. Enhancement of effectiveness in self-awareness, problem-solving, interpersonal skills, cultural competency, and professionalism. Adherence to the APA Code of Ethics in internship or workplace settings. Development of personal strategies for career exploration, professional growth, and job searching aligned with career goals in psychology.

*Prerequisites: PSYC 335, PSYC 340, PSYC 400, ADST 445. Grade exceptions: Graded on an S/U basis.*

**PSYC 490 • Senior Seminar 2 Credits**

Evaluation of foundational issues in psychology. Explanation of how life events, personality and personal history inform vocation and calling. Synthesis of concepts, principles and findings of research literature. Examination of how issues of faith and spirituality can integrate with psychology.

*Prerequisites: PSYC 335, PSYC 340, PSYC 400, ADST 445.*