

PSYCHOLOGY

PSYC 100 • Introduction to Psychology 3 Credits

Methods, theories, and principal findings of psychological investigation.

Fulfills: CAPS Goal Area 5.

PSYC 305 • Lifespan Development 3 Credits

Identification of the various stages of life from conception to death. Examination of the perspectives of various developmental theorists and their role in historical, contemporary, and controversial issues. Analysis of the biosocial, cognitive, and psychosocial domains and their contribution to human development while maintaining a focus on individual differences.

Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5. Special Notes: Enrollment is open to students with sophomore class standing and above.

PSYC 320 • Social Psychology 3 Credits

Exploration of key concepts, principles, and overarching themes in social psychology (including conformity, persuasion, social cognition, attraction, altruism, aggression, prejudice, and group behavior). Applications of social psychological principles to everyday life. Interpret and critique phenomena and controversial topics in social psychology.

Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5. Special Notes: Enrollment is open to students with sophomore class standing and above.

PSYC 330 • Racial Trauma 3 Credits

Review of the origins and impact of Racial Trauma on the individual, family, and community.

Examination of the differences and similarities between personal or psychological trauma, historical trauma, intergenerational trauma, structural and institutional trauma, secondary trauma, and vicarious trauma. Recognition of the signs and symptoms of Race Based Traumatic Stress and make appropriate referral for support services. Exploration of individual and group or communal approaches to healing from Racial Trauma, and to prevent burnout and enhance self-care.

PSYC 335 • Introduction to Statistics 3 Credits

Introduction to descriptive, correlational, non-parametric, and inferential statistics and the use of research and statistics in society. Perform and interpret statistical analyses. Understand statistical analyses in published research articles.

Fulfills: CAPS Goal Area 4.

PSYC 340 • Psychopathology 3 Credits

Classification, causes, symptoms, treatment, and identification of various forms of psychopathology. Analysis of faith based and secular perspectives of psychopathology. Survey of some major issues in the study of psychopathology. Critique research in the field of psychopathology.

Prerequisites: PSYC 100 Fulfills: CAPS Goal Area 5.

PSYC 345 • The Body's Response to Trauma 3 Credits

Critically examine trauma's effect on the human brain. Explanation of how traumatic memories are stored in the brain. Examination of the fight/flight/freeze response and polyvagal theory. Exploration of the mind/body/spirit connections of trauma and what is dissociation. Description of repressed memory.

Fulfills: Goal Area 5.

PSYC 350 • Trauma-Informed Care 3 Credits

Examination of common symptoms of trauma, exploration of current trends in trauma treatment, and appraisal of evidence-based trauma treatments. Investigation of the current mental health crisis, with special focus on prevalence and treatment of PTSD in the military. Consideration of the role of religion/spirituality in the healing process.

Psychology 2

PSYC 380 • Motivation and Emotion 3 Credits

Explain how biological, environmental, cognitive, emotional, and personal systems interact to initiate and direct human behavior. Evaluate how experimental psychologists study emotional and motivational systems. Identify connections between personal faith and/or beliefs, motivation, and emotion..

Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5.

PSYC 400 • Research Methods 3 Credits

Analysis of standard research methods and designs in psychology. Understanding of empirical research and ethical practices with human subjects from various backgrounds. Evaluation and critique of published research.

Prerequisites: PSYC 100, PSYC 335. Fulfills: CAPS Goal Areas 2, 5.

PSYC 410H • Principles of Counseling and Psychotherapy 3 Credits

Introduction of major therapy systems, basic counseling techniques, and current ethical issues facing the counseling professions. Analysis of the systems, techniques, and issues from faith-based and secular perspectives.

Prerequisites: PSYC 100, PSYC 340. Fulfills: CAPS General Education Category H.

PSYC 480 • Psychology Internship and Seminar 3 Credits

A supervised, applied learning experience in the work world. Includes an online seminar component with students and instructor. Application of psychology to the workplace, personal worldview and careers, emotional intelligence. Development of effective workplace relationships, cultural competence, self-career planning, ethical issues, self-care, work-life balance, job search strategies, and professional development strategies.

Prerequisites: PSYC 335, PSYC 340, PSYC 400/HUSE 400, PSYC 410H. Grade exceptions: Graded on an S/U basis.

PSYC 490 • Senior Seminar 3 Credits

An in-depth exploration of a psychological topic of the student's choosing. Review of foundational issues explored throughout the psychology program.

Prerequisites: PSYC 335, PSYC 340, PSYC 400/HUSE 400, PSYC 410H. Fulfills: CAPS Goal Area 2.